# Woodbridge



# Events

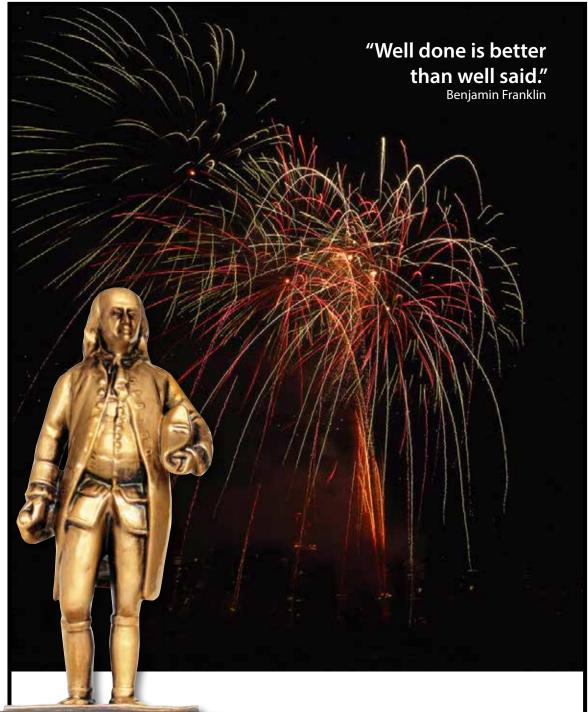
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Vol. 3 • Quarter 4 • 2014





"Historic Woodbridge" Book Celebrates The Town's Past



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### First Selectman's Corner

The holiday season is fast approaching, and I know what a busy time of year it is for all of you. I hope you will consider Woodbridge merchants as you make your purchases and prepare your holiday meals. They have a lot to offer!

We continue to make progress on many fronts here at Town Hall, and following are updates in some areas of importance.

#### Woodbridge Energy Challenge (Solar & More)

In June of this year, I created the Woodbridge Energy Advisory Task Force and appointed residents Lisa Connor (Chair), Lor Fernandes and Dawn Kopel as members. Their charge was to make recommendations to the Board of Selectmen that would assist residents, commercial establishments and the Town in reducing energy consumption and promoting the use of clean, renewable energy sources.

The Task Force got right to work, and by September the Board of Selectmen had approved their recommendations. The Woodbridge Energy Challenge, which will run for about a year, includes home energy audits and resulting recommendations for energy efficiency, as well as solar opportunities.

The first informational meeting will be held at the Center Gym on November 18 at 6:30 p.m. Space is limited, so preregistration is recommended. You will find the link on the Town Website at woodbridgect.org, or go to CTSolarChallenge. com, click on Woodbridge and follow the instructions. Country Club of Woodbridge (CCW)

Later this month we should have a good sense of the 2014 CCW golf financials from Billy Casper Golf. It appears that the news will be positive for the Town, due in part to the renegotiated contract terms I was able to put in place last year, and due in part to good luck with the weather this summer. While this is certainly a welcome change, it does not lessen our need to find a long-term solution for the uses of the property as expeditiously, thoughtfully and carefully as possible.



Ellen Scalletar, First Selectman

Here again, Town residents have volunteered generously of their time to help us determine the best options available. The CCW Ad Hoc Committee, comprised of Gary Desir, Andy Esposito, Debbie Fried, Deke Hotchkiss, Tom Kenefick, Chris Lovejoy and Carolyn Wolff (Chair), has been reviewing the two responses the Town received to its Request for Proposals (RFP). The RFP sought two types of proposals: creative ideas for the entire 155-acre property and/or the development of a portion of the property for active adult housing. The Committee will report to the Board of Selectmen soon with a

Continued on page 3





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#### First Selectman's Corner ... continued from page 1

non-binding recommendation. If the Board chooses to move forward with a proposal, it will be put to a Town vote.

#### Exit 59 Area Traffic Improvements

Few Woodbridge residents need reminding about the traffic congestion around Exit 59 of the Merritt Parkway, especially (but not exclusively) at rush hour. DOT has been working on an improvement plan for some time, the last version of which was extensive, but not expected to be completed for 30 (yes, they said 30!) years.

I recently had the opportunity to meet with DOT Commissioner Jim Redeker and New Haven Mayor Toni Harp to stress the need for timely improvements in this area, which includes both Woodbridge and New Haven roads and intersections. The Commissioner presented DOT's ideas for a more limited, but much quicker project. He explained that the West Rock tunnel is in need of repair – an extensive and lengthy project – and that the larger project would be revised and combined with the tunnel work.

DOT is working on a roughly three-year timeline for a project that would look at widening a portion of Litchfield Turnpike, additional sidewalks, two left turn lanes from the southbound exit, a changed lighting sequence at Pond Lily Avenue, improvements at the intersection where Route 69 meets Route 63, and more.

I will convene a meeting for DOT to present its plan to you as soon as DOT is ready.

#### **New Public Works Facility**

The Town's new Public Works facility is expected to be completed this fall. It will house the Public Works trucks, a truck wash and an area for vehicle maintenance, as well as office and meeting space for the facilities staff and operations manager. The building is heated by high efficiency gas furnaces; its exterior walls utilize a translucent glazing system that allows natural light to enter the building while maintaining a high insulation value; and the exterior areas use LED lighting. The project will also include two electric vehicle charging stations and Town Hall's first bike rack.

The building will be dedicated to our late First Selectman, Ed Sheehy, at a date to be announced. This project began under Ed's guidance, and naming the building after him is a fitting tribute to his memory and all the important work he initiated and accomplished for our town.

I applaud the Public Works Building Committee, the Town Building Official and the Public Works Department for taking advantage of many new energy efficient technologies, and working together to bring this project to fruition on time and within budget.

#### **Community Building**

Strengthening our sense of community remains a high priority. Since we don't have a central gathering place, community events are especially important to bring us together. I have been working hard to promote existing events and create new ones.

Recently, there were three great community events: the Recreation Commission's Woodbridge Road Race, the Scarecrow Festival organized by local businesses, and the Massaro Community Farm Family Fun Day. Despite the heavy rain, approximately 150 adults and children showed their mettle and completed the race! The other two events were delayed a day and many of us enjoyed them in the sunshine. Special thanks to all who contributed to these communitybuilding events.

#### Stay Informed!

To know about upcoming events and programs, please sign up for Woodbridge's:

enewsletter at tinyurl.com/WoodbridgeE-news; Facebook page at Facebook.com/WoodbridgeCT; and Website at www.woodbridgect.org.

I wish you all a bountiful and joyous Thanksgiving.

Ellen Scalettar, First Selectman

### Mailbox Replacement Policy

In order to provide a consistent policy concerning replacement of mailboxes damaged during snow removal operations and limit the town's exposure to increasing costs, the following policy was adopted by the Selectmen on November 13, 1996.

• If a mailbox or post is struck by a town snowplow during snow removal operations, the town will replace the mailbox and/or post with a standard box and/or post. The town will supply the labor and material(s).

• If a mailbox and/or post are damaged by the weight of snow plowed up against it or by other factors except being struck by a plow, the town will not replace or repair the mailbox and/or post.

• In the event a town snowplow strikes and damages a custom or fancy mailbox and/or post, the town will replace with similar quality provided the resident supplies the town with a receipt or other evidence of value for the mailbox and/or post.

• All requests for replacement or repairs must be made within 72 hours of the end of the storm during which the damaged occurred.

This policy was established after reviewing procedures in many other Connecticut towns.



#### MAGAZINES



### Woodbridge Events

#### TM Ventures, LLC dba Essex Printing & Events Magazines

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### Boy Scout Troop 63 Christmas Tree Sale



#### FREE LOCAL DELIVERY & SET-UP!

Woodbridge Boy Scout Troop 63 is holding its annual Christmas Tree Sale. For over 37 years Troop 63 has been selling trees, 16 inch wreaths, kissing balls and baskets. Located behind the old firehouse on Center Road, the troop will sell fresh balsam pine trees beginning the Friday after Thanksgiving. The sale runs weekdays from 3-7pm and Saturdays and Sundays from 9am-7pm until Christmas and by appointment. We have trees 14 feet tall and shorter. Special orders are available for wreaths up to 48 inches. Free local delivery and set-up is available. Our e-mail for the Tree Sale is Troop63wreathsandtrees@ yahoo.com or contact Sue at 203-397-8104.

Boy Scout Troop 63, founded in 1963, is one of the oldest Troops in the Connecticut Yankee Council and just celebrated its 51st year. Our objective is to bring scouting to boys in the Woodbridge, Bethany and surrounding communities. Known as the "outdoor troop" we are active all year. Our outings include camping, hiking, backpacking, skiing, canoe trips, white water rafting as well as cultural events such as visits to historical parks and monuments and much more. We also plan and participate in community service projects each year.

Join the fun and see what scouting is all about. Meetings are held at Our Lady of the Assumption "Mother" Church located at 1700 Litchfield Turnpike (Rte. 69) in Woodbridge on Monday nights from 7 - 8:30pm and all boys ages 11 and up or who have completed the fifth grade along with their parents, are encouraged to visit.

For more information about Troop 63 visit our web site at http://www.troop963.org

### PTO Harvest Hike

The Woodbridge Park Association and the Beecher Road School Parent Teacher Organization teamed up for the 11th annual Harvest Hike in early October. "This event is to bring awareness to the Alice Newton Street Memorial Park and introduce it to families who might not be familiar with it," said Tim Kelley, who is a board member of both organizations. "Plus, it's a good excuse for the kids to get outside, learn about the park and get together." About 60 families walked the blue trail through the park on a sunny afternoon. They stopped at the water fall to play and then returned to the park entrance for a snack of apples, pretzels and apple cider. "What a great event to introduce our young people to an important and beautiful park in Woodbridge," said First Selectman Ellen Scalettar. Photo at right: Tim Kelley, daughter Shannon, friends and First Selectman Ellen Scalettar.



### Second Edition - Historic Woodbridge Book

**AVAILABLE SOON!** A committee of dedicated citizens has been hard at work updating and expanding a book that traces the development of Woodbridge from its earliest days, through architectural profiles of representative buildings from 1730 to 1947. The newly revised "Historic Woodbridge – An Historic and Architectural Resource Survey, Second Edition" is expected to be available in early 2015, to coincide with the twentieth anniversary of the first edition of the book, originally published in 1995.

The new edition will feature recent color photographs of each home along with photos of some of the notable people associated with individual houses. The committee put out the word that it was seeking old photos and many people responded, including several from outside the town, including as far away as Madison and Guilford. As a result, a remarkable trove of new information was gathered for the committee to consider for inclusion.

Side by side, these images of homes and their residents provide insight into the individuals who made up our small town in long ago days and helped build Woodbridge into the community it has become. The earliest-born person depicted in the book, Mary Atlanta Sperry, was born in 1795. She hails from a long line of family members who had been living in the area now known as Woodbridge since the 1660s.

The image on the cover of this magazine is a good example of the ways in which community members have responded to the committee's request for input. Shortly after the first news articles about the re-printing of the book appeared, long-time Woodbridge resident Sue Baldwin got in touch to share the story of her family's house on Racebrook Road. She also dug up some old photos of the original farmhouse that stood on this property, which burned down in 1911. Standing in front of the house in the inset photo is a young Clarence "Cap" Baldwin with his older sister, Eleanor.

Cap went on to serve the town of Woodbridge as its First Selectman from 1929 to 1935. When his son Malcolm "Mac" Baldwin married Sue in 1949, the newlyweds moved into the re-built farmhouse, while Cap and his wife Margaret moved across Racebrook Road. This branch of the Baldwin family has lived in this area of Woodbridge, once known as Milfordside, since their ancestors were among the families who founded Milford in 1639.

Then Daniel McKee, who also lives on this stretch of Racebrook Road, shared with the committee his snowy landscape photograph of the Baldwin farmhouse as it looks now, a beautiful vignette that celebrates our town's historic homes and captures the rural feel of our community today.

The committee wishes to thank all those who have come forward to share memories and old photographs. There is great excitement in the air, as the book goes to press and copies are expected to be delivered sometime after the first of the year. You can order yours today by filling out the form below!

#### Order Form for "Historic Woodbridge - An Historic and Architectural Resource Survey, Second Edition"

Name:			
Mailing Address:			
Phone:	Email Address:		
Number of copies @ \$45.00 per be	ook: Total paid: Check #		
Please make checks payable to: "Town of Woodbridge" and mail with your order form to: Town Clerk's Office, 11 Meetinghouse Lane, Woodbridge, CT 06525			

### Winter Tips

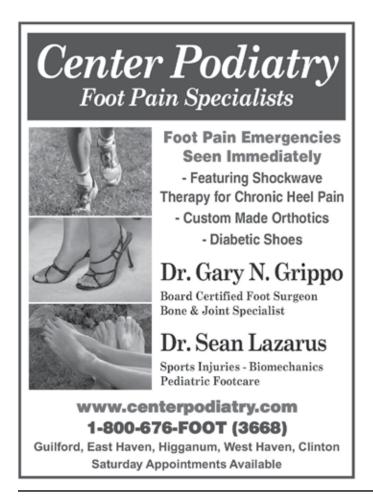
The Woodbridge Department of Public Works would like to remind Woodbridge residents of policies and practices relating to winter weather.

**Parking:** All vehicles should be parked off the road during winter storm events. Parking limits are specifically governed by Town Ordinance, Section 397-2. Anyone who violates this ordinance may receive a fine and their vehicle may be towed.

When a parking ban goes into effect the Town will ask local media to publicize the ban on TV and radio. You can also check the Town's website, www.woodbridgect.org, for updates. While we will do our best to inform residents of any parking ban, please keep the ordinance in mind and avoid street parking during a winter storm.

**Snow Removal:** The Department of Public Works divides the Town into nine snowplow routes in order to remove snow as quickly and efficiently as possible. In the event of severe winter weather, snow may nonetheless accumulate, especially on side roads and cul-de-sacs. Should you have a concern about snow accumulation on your street, you may call the Public Works Office at 203-389-3420, or the Police Department at 203-387-2511 in the event the Public Works Office is closed.

Ordinance 375-19: Plowing or Throwing Snow and Ice into Street. No resident, owner occupant or agent thereof, including private contractors, shall:



1. Push, plow, blow or otherwise put any snow / ice from driveways, parking lots or sidewalks into or on Town road-ways or other public property in the Town.

2. Plow snow from a private premises across a Town roadway or sidewalk to the opposite side of any roadway or sidewalk; or

3. Plow snow in a manner which blocks access to the premises of other Town residences or mailboxes.

For additional information on this particular ordinance, please refer to the Town's website, www.woodbridgect.org and look for "Charter & Ordinances" under the "Government" tab.

**Mailboxes:** Since 1996, the Town has followed a "Mailbox Replacement Policy." Under that policy, the Town will replace a mailbox or post, at the Town's cost, only if the mailbox or post is directly struck by a Town snowplow during snow removal operations. The policy was adopted in 1996 after reviewing the procedures of many other Connecticut towns.

A mailbox or post may be dislodged by the weight of the snow, rather than a snowplow. The weight of snow, especially when wet, can often knock off or break mailboxes and posts. In these cases, the owner is responsible for repair or replacement.

Please check your mailbox and post to make sure both are secure. You may also want to install a secured protective shield to deflect the snow from the mailbox and post.

Mailboxes should be 15-inches behind the edge of the road and 42-inches high to the bottom of the box.

Helpful Ideas: We suggest that you install plow guide markers along the edge of your property to help guide the snowplow operators and to avoid lawn damage. Again, you may reach us through the Public Works Office at 203-389-3420, or through the Police Department at 203-387-2511 if the Public Works Office is closed.

The Woodbridge Department of Public Works would like to thank residents for their cooperation in addressing winter storm conditions.



### Woodbridge Energy Challenge

The Town of Woodbridge has launched the Woodbridge Energy Challenge to make solar installations more affordable for Town residents and businesses and to promote energy efficiency and savings.

The Woodbridge Energy Challenge will hold an early bird workshop on November 18 from 6:30 to 8 pm at the Center Gym. Registration is recommended as space is limited. To register, look for the link on the Town website, woodbridgect.org, or go to CTSolarChallenge.com, click on Woodbridge and follow the instructions. The workshop will provide one-stop shopping for residents to learn about home energy efficiency audits, solar installations, available tax incentives and financing options.

First Selectman Ellen Scalettar created an ad hoc Energy Advisory Task Force last spring and charged the members (Lisa Connor, Lor Fernandes and Dawn Kopel) with researching, assessing and making recommendations to the Board of Selectmen (BOS) concerning clean energy options and energy savings programs for Town residents and businesses, as well as for the Town itself. In September, the Board of Selectmen approved the recommendations of the Task Force.

The Woodbridge Energy Challenge includes discounted solar opportunities made available through the CT Solar Challenge and home energy audits with resulting energy efficiency recommendations through Home Energy Solutions (HES). CT Solar



Challenge is a community-based program that promotes the adoption of solar energy through cost reduction, community outreach, and education.

HES services are provided for a reduced fee of \$99 (free to qualified income-eligible customers); the remainder of the cost is provided through various state programs and a small surcharge on utility bills.

To raise awareness of the program, Woodbridge resident and CT Department of Energy and Environmental Protections Commissioner Robert Klee recently had a Home Energy Solutions assessment and a solar assessment done at his home.

Continued on page 8

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CTSolarChallenge.con

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#### TOWN OF WOODBRIDGE DIRECTORY www.woodbridgect.org

Main Number 203-389-3400

ADMINISTRATIVE (First Selectman)203-389-3401	LIBRARY (opens 10:00 am)203-389-3433
ASSISTANT ADMINISTRATIVE OFFICER203-389-3403	POLICE (non-emergency)203-387-2511
ANIMAL CONTROL OF WDBRG203-389-5991	PUBLIC WORKS (Operations Mgr)203-389-3421
ASSESSOR203-389-3416	RECREATION
BLDG/ZONING ENFORCEMT203-389-3418/3419	REGISTRAR (Weds. 9 am to 12 pm)203-389-3408/3409
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FIRE MARSHAL	TPZ/IW/ZBA203-389-3406
HUMAN SERVICES	YOUTH SERVICES203-389-3429

### New Businesses in Town



First Selectman Ellen Scalettar was invited to conduct a ceremonial pizza cutting at new restaurant, Grimaldi's.

Grimaldi's, part of the New York pizza chain, is just one of many new retail businesses to open, move to or expand in Woodbridge during the past year.

New businesses include Linda's Nails, Cross Fit Gilded and the Woodbridge Social Restaurant in the Selden Street Plaza

Energy Challenge ... continued from page 7

"The energy audit was very valuable and important, as it will help my family save money on heating and electricity costs," said Commissioner Klee. "There were steps taken the day of the audit that will bring immediate cost savings - such as the installation of LED's and compact florescent light bulbs and the sealing and caulking of cracks and leaks. I encourage all



and the Wood-bridge Pharmacy in the Shops at 245 Amity Road. New England Brewing Company, a local craft brewery, moved across the street next to the Crest Auto Mall and expanded operations, including a tasting room. Woodbridge Hardware and Amity Meat Center also expanded, and Brookside Farm Market is now open year-round. Hairs 2 You (Selden Street) and Wellspring (245 Amity Road), a naturopathic business, moved to Woodbridge from locations in New Haven. "These openings and expansions are an indicator of the growing strength of the Woodbridge market," said First Selectman Ellen Scalettar. "More and more specialty shops and distinctive restaurants are moving in to the Woodbridge Village area of Town – please support your local businesses and shop, dine and try Woodbridge!"

For more information on local businesses, or to add or update your business listing, visit the Economic Development Commission page on the Town website, woodbridgect.org/ Business. Pictured: Local Grimaldi's owner Mike Ursini and First Selectman Ellen Scalettar.

Woodbridge homeowners to participate in the Woodbridge Energy Challenge by scheduling an energy audit and seeing if solar works for them."

Through the HES program, utility-certified technicians evaluate a home's energy performance and provide written recommendations for advanced energy-saving measures. By improving a home's energy use, the program helps residents and businesses improve interior comfort while reducing energy use that will result in year-round savings. The Town of Woodbridge will receive points for every home that signs up for HES and every home that installs a solar system. The points will help the Town earn a grant to use for energy projects.

"This program is a win-win-win," said First Selectman Ellen Scalettar. "It's a win for residents, a win for Woodbridge and a win for the environment. I urge residents to take advantage of the audits and if interested in solar, to explore that option as well."

"I'm very pleased to welcome Woodbridge to the CT Solar Challenge family," CT Solar Challenge Director Maggie Treichel said. "CT Solar Challenge provides homeowners and businesses with an affordable path to solar. Our community approach cuts costs and passes those savings on to residents. Solar saves money over the long term and has never been cheaper."

CT Solar Challenge's limited enrollment period and community promotion model drives down solar marketing and advertising costs. CT Solar Challenge also reduces costs by buying in bulk and using a single installer. The installer for Woodbridge will be Aegis Solar Energy.

"I look forward to partnering with CT Solar Challenge and Woodbridge to bring affordable solar to residents and businesses," Aegis Solar Energy President and CEO Chris Lenda said. "Our company has more than 20 years experience installing solar. We will custom design and install a system that fits your needs."

### **Beecher Road School**



#### **CELEBRATION OF READING**

On a warm fall day, Beecher Road School recently held a celebration of reading on its beautiful outside campus. "The whole school dropped everything, and went outside for a sustained silent reading event," said Beecher Road School Superintendent Dr. Guy Stella.

The school's focus on literacy started before school let out last summer. A team of teachers had planned a summer reading program focused on encouraging students to read 10 or more books over the summer break. "'Give us Ten' was the rallying cry," said Beecher Road School teacher, Teresa Nakouzi.

This initiative created a great deal of enthusiasm that carried over into the school year. The teachers channeled the enthusiasm and suggestions of the children into an event that got the whole school to celebrate a love for reading. Many children dressed in their pajamas, brought stuffed animals and sat on blankets, while others sat on benches, rock surfaces or the grass. Children and adults alike brought their books and engaged in reading. There was magic in the air.

Students who read over the summer were honored during a literacy award ceremony held earlier in the school year. The DEAR - "drop everything and read"- activity was the culmination of the months-long literacy focus.

Dr. Stella stated that: "It's our goal to create a generation of life-long readers, writers, thinkers and learners. We are grateful to our teachers and administrators for promoting such a worthwhile initiative."

#### FOCUS ON MATH

This year Beecher Road School administrators and teachers are placing a major emphasis on mathematics.

During the past few years a great deal of work has been done around literacy. Superintendent Dr. Guy Stella said the time is ripe to focus on mathematics, a core subject area critical for success in life. The administrative team, the faculty and the School Board have rallied in support of this goal.

The school has a team of two math specialists, and has taken several positive steps to support the new initiative. These steps include the introduction of new mathematics resources, active participation in a state-wide consortium of mathematics educators, and enhancement of the district's mathematics curriculum through summer work. In addition, the district has enlisted the services of Dr. Jeanne Purcell, a national authority on differentiated instruction and education of the gifted. The school district also will continue to collaborate with the Amity School District in aligning the mathematics program at Beecher with the middle school program.

Additionally, the school will undergo a year of self-study related to the current mathematics program. The self-study will be critical to preparing a long-term strategic plan for improving student performance in mathematics. In May of 2015, a team of approximately 10-15 educators from the Tri State Consortium - a group of high performing districts in Connecticut, New Jersey and New York - will conduct a 3-day visit at Beecher Road School in order to serve as partners in helping to analyze the self-study. The visiting team will produce a document of commendations and recommendations that will guide the development of a new strategic plan.

"We underwent a similar consultation with language arts in 2010 with great results," said Dr. Stella. He further stated that, "Our children's relationships with mathematics outside of school will be shaped by their experiences with mathematics in school. We want them to be comfortable and confident with mathematics."

### *Thomas Darling House ~ Tavern Night*



Historical Society board members Barbara Baldwin, Don Menzies and Mary Dean dressed in period costume for the event.

The Amity & Woodbridge Historical Society held its biannual Tavern Night at the Thomas Darling House in October. The 1772 house is owned by the Town and maintained by the Society. On Tavern Night the Society turns the house into an 18th century tavern. Historical Society President Don Menzies and his wife Dana dress up as Mr. and Mrs. Darling and act as hosts while guests are treated to period-style appetizers, main course items and desserts, plus beer from local brewery, New England Brewing.

"The food was absolutely delicious," said First Selectman Ellen Scalettar, "and it was great to see so many residents enjoying this wonderful Town asset."

This is the 10th year that the event has happened, says Don Menzies. The event started when key factors came together all at once: The Society had a caretaker living in an attached apartment, who happened to be the head chef at the Maritime Center in Norwalk. That was also the year that New England Brewing Company came to Woodbridge. "As soon as chef Darren Zaldo, and brewmaster Rob Leonard were on board with the idea, I knew we could pull it off," said Don Menzies. Folks from the Orange Historical Society participate as well, and Jim and Willow Sirch from Hamden join with their array of flutes, fiddles, and Irish drum.

The Amity and Woodbridge Historical Society will be having a Holiday Open House on Sunday December 7 from 2 - 4 p.m. The event is free and open to the public.

### National Champion

Parker Paragas from Woodbridge is a member of the New Haven Age Group Track Club and competed at the 2014 USA Track and Field National Jr. Olympic Championships in Houston, TX, July 21st – 27th. Parker won Gold in the 9-10 year old division for the 1500 meter race with a time of 4:49.73. He also placed 4th in the 800 meter race with a time of 2:26.47. In addition, he was awarded Outstanding Athlete in the 9-10 year old division by the United Age Group Track Coaches Association (UAGTCA).

The New Haven Age Group Track Club is a local track club founded in 1975. They welcome athletes ages 6 to 18 and are comprised of athletes from several local towns. You can learn more about the New Haven Age Group Track Club on Facebook or their website www. newhavenagegrouptrack.org.

#### PLACES OF WORSHIP INFORMATION

OUR LADY OF THE ASSUMPTION (Mother Church) 1700 Litchfield Turnpike (Rte 69) Service Schedule: Weekday Service: Mon – Fri. 9:00 a.m. Saturday Service: 8:30 a.m. Sunday Service: 8:00 a.m. No Thursday Service

#### OUR LADY OF THE ASSUMPTION

Rectory - Center Road Church 81 Center Road (Rte. 114) Tele: 203-387-7119 Fax: 203-387-4281 Service Schedule: Saturday Vigil: 5:00 p.m. Sunday Service: 9:30 a.m., 11:30 a.m. Confession: Saturday 9:00 a.m. or by appointment FIRST CHURCH OF CHRIST First Church of Christ United Church of Christ - 5 Meetinghouse Lane Tele: 203-389-2119 e-mail: office@uccw.org Service Schedule Sunday at 10:00 a.m.

#### CONGREGATION B'NAI JACOB

75 Rimmon Road For more information: 203-389-2111

#### MINYAN (Judaism – orthodox)

Woodbridge Senior Center 4 Meetinghouse Lane For information call: (203) 387-1925 (203) 655-4668 NEW APOSTOLIC CHURCH (Independent) 922 Greenway Road Tele: 239-3492 Minister: David Eger Service Schedule: Sunday: 10:30 a.m. Sunday School: 9:00 a.m. Wednesday: 8:00 p.m.

TRINITY EVANGELICAL FREE CHURCH

33 Center Road (Rte. 114) Tele: 203-387-4711 Service Schedule: Sunday: 9:30 a.m., 11:00 a.m. During mid-Summer one service - Sunday 9:30 a.m.

CHURCH OF JESUS CHRIST OF LATTER DAY SAINTS 990 Racebrook Road Tele: 203-387-7799

### Woodbridge Community Listings

AMITY YOUTH LACROSSE Steve Makowski, President(203) 687-0097
ANIMAL CONTROL OF WOODBRIDGE 
AQUATIC CLUB – WOODBRIDGE Dave Reilly 203- 848-0307 or 203-446-1872
BETH-WOOD BASEBALL LEAGUE Dwight Rowland203-215-0266
BETHWOOD GIRLS SOFTBALL LEAGUE Matthew Fletcher, League President MF99@sbcglobal.net www.bethwoodsoftball.org
BOY SCOUTS OF AMERICA - TROOP #63 David Metzger, Troop Committee Chair203-387-1984 Bob Tucker, Scoutmaster203- 387-1984
BOY SCOUTS OF AMERICA – TROOP #907 Paul Konwerski
CHAMBER OF COMMERCE WOODBRIDGE/BETHANY BUSINESS COUNCIL OF THE GREATER NEW HAVEN203-787-6735
COMMUNITY GARDEN - WOODBRIDGE Andy Stack203-397-0818 Thera Stackwoodbridgecomgarden@gmail.com
COUNTRY CLUB OF WOODBRIDGE203-387-2278.
CUB SCOUT PACK #902 - WOODBRIDGE Fred Luciano203-906-6711
FRIENDS OF THE WOODBRIDGE LIBRARY Mia von Beeden, President
GARDEN CLUB OF WOODBRIDGE Pat Bakke, Co-President
GIRLS SCOUTS OF CT - AMITY SERVICE UNIT 
HISTORICAL SOCIETY – AMITY/WOODBRIDGE Donald Menzies203-387-0789

HUMAN SERVICES/YOUTH SERVICES, ELDERLY SERVICES, SENIOR CENTER Mary Ellen LaRocca		
THE WOODBRIDGE LAND TRUST INC. Christopher Keevil, President		
LEAGUE OF WOMEN VOTERS – AMITY Barbara Pico203-397-2723		
LIBRARY - WOODBRIDGE203-389-3434 Children's Library203-389-3439		
MASSARO COMMUNITY FARM, INC. David Schneider, President		
NEW ENGLAND COMETS PREMIER SOCCER CLUB Jody Smith, Vice President		
ORT AMERICA - WOMEN'S AMERICAN ORT203-393-1884 Marcia Jamron203-795-4444		
WOODBRIDGE PARK ASSOCIATION INC.		
QUINNIPIACK VALLEY HEALTH DISTRICT 203- 248-4528		
RECREATION DEPARTMENT – WOODBRIDGE John Adamovich, Director		
ROTARY CLUB WOODBRIDGE Carol Yingling & Philip "Buddy" DeGennaro Co-Presidents P.O. Box 4096, Woodbridge, CT 06525		
SENIOR CENTER - WOODBRIDGE Lee Canning, Director		
SOCCER LEAGUE - WOODBRIDGE		
YOUTH SERVICES Nancy Pfund, Director		
SCHOOLS AMITY REGIONAL SCHOOL DISTRICT #5 Charles "Chip" Dumais, Superintendent		
EZRA ACADEMY Risa Vine203-389-5500		
WOODBRIDGE SCHOOL DISTRICT Gaeton "Guy" Stella, Superintendent		





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### help make middlesex county a bully-free community.

STAND UP TO BULLYING AND MEAN-SPIRITED BEHAVIOR.

Did you know that one out of seven kindergarten through grade 12 students are either a bully or a victim of bullying? And that an estimated 160,000 children miss school every day for fear of intimidation or attack? Bullies are everywhere, on the playground, in the classroom, at the workplace and, more and more often, online. It is up to each and every one of us to put an end to mean-spirited behavior in our communities by learning more about the issue and the resources available for empowering individuals and preventing bullying. For more information call the Community Foundation of Middlesex County **860-347-0025** or go to **MiddlesexCountyCF.org**.

#### STAND TOGETHER FOR CHANGE. TAKE THE PLEDGE.

I will be an agent of change. We are all different but we all deserve respect......



### Massaro Farm

This year, staff and volunteers happily celebrated a fifth season of growing at Massaro Community Farm. Friends and neighbors probably couldn't have imagined a little over five years ago what might become of the then-dilapidated family farm. But thanks to staff and volunteers, more acreage was cleared, a few new varieties of vegetables were offered, and programming, along with three shiny new 90-foot high tunnels, were added. And though the farm maintained its commitment to donate to hunger relief partners, you may see donation totals lower this year due to fields being allowed to 'rest,' as the farm practices responsible land management.

Walking the fields of the farm in fall is telling of a season nearing its end, though there are still many crops we will con-

### Family Fun Day at the Farm

On Sunday October 12 (delayed a day due to rain), friends and neighbors visited Massaro Community Farm to celebrate the harvest of the season on the farm's annual Family Fun Day. Visitors were entertained by a host of family-friendly activities. Hayrides, pumpkin painting and scarecrow-making always top the list of goings on at this annual event. Farm attendees also enjoyed planting garlic for next spring, a magic show, bake sale, and traditional games like corn hole and tug of war.



tinue to enjoy, likely well into December. Some fields still contain winter squashes and greens that are hardy for our northeast climate, while others are thick with cover crops that will rejuvenate the soil in preparation for next season. At a time when most are putting their gardens to bed, interest in the farm increases greatly in the fall with a wide variety of educational groups visiting the farm to enjoy its beauty and gain an understanding of the farm's cycles. Massaro Community Farm is proud and pleased to share its story and practices, as this helps build further support for local farming and educates a new generation of those who will become land stewards and food suppliers. Thanks to all for a fabulous 2014 season!



### Why Rake Those Leaves?

Teens Need Jobs in Woodbridge, and the Woodbridge Job Bank has numerous teenagers who are experienced in leaf raking, snow shoveling, tutoring, babysitting, pet care, and other odd jobs. Many have completed the American Red Cross Babysitters Training Course. If you are a Woodbridge resident and would like more information, call Woodbridge Youth Services at 203-389-3429.

Woodbridge teens between the ages of 13 and 18 who

are willing to work and want to earn money should contact Woodbridge Youth Services at 203-389-3429 to schedule an interview. Parental permission is required to join. Jobs may include raking, childcare, pet care, snow shoveling, housework, tutoring, and other odd jobs. We help teens find work with Woodbridge residents who need a hand around the home or office. It's a great way to build responsibility and gain work experience close to home.

### Quinnipiack Valley Health District

QVHD is the public health department for the town of Woodbridge. Its mission is to protect the residents of Woodbridge from disease, injury and environmental hazards through prevention, education, enforcement and collaboration with other town and state departments.

FOR INFORMATION ON CURRENT HEALTH ISSUES IN THE NEWS (SUCH AS EBOLA OR ENTEROVIRUS D68) VISIT THE QVHD WEBSITE, www.qvhd.org or call 203 248-4528.

#### WINTER STORMS ARE COMING! ARE YOU READY?

QVHD reminds residents to: Build an Emergency Supply Kit, Create a Family Communication Plan and Stay Informed.

#### DON'T LET THE UNINVITED GUESTS SPOIL YOUR HOLDAY MEAL!

Bacteria (the uninvited guests) can wreak havoc with your holiday meal. Foodborne illness is real and is often seen during the holiday season. If you have ever had a foodborne illness, you know how sick you can become! Foodborne illness results from the improper handling of contaminated food. You can help to prevent foodborne illness by preparing food safely; transporting it safely; serving it safely and storing it safely. Bacteria multiply rapidly between 40F and 140F. This is known as the "danger zone." To keep food out of this danger zone, keep cold food cold and hot food hot until serving time. At room temperature, foods should be eaten within two hours of serving. When your holiday meal is over, do not try to save uneaten perishable foods if they have been out for more than two hours. While it is hard to do, the safest thing to do is to discard these leftovers.

Other safety tips include:

- Wash hands frequently!
- Keep serving utensils and surfaces clean.

- Size matters - If you are not sure how quickly foods will be eaten, keep some of them in reserve in the oven (or in the refrigerator, depending on the type of food) and replenish as needed. Putting out smaller portions and replenishing when needed will help keep foods safe, assuring "good eating" for even the late-arriving attendees.

- Keep It Fresh - Replace empty platters with freshly filled platters, rather than putting refills on used dishes. This helps to eliminate exposure to germs and dirt that may be on the hands of the guests and also helps to prevent cross-contamination of foods.

#### IT'S KISSING, HUGGING AND HANDSHAKING SEASON!

It is a time of the year when friends and family get together for celebrations. There is lots of hugging, kissing and handshaking, as people greet one another in the spirit of festivities. These actions convey the love and affection between people, but these actions also provide the opportunity for the exchange of an unwanted gift: cold and flu germs! For this reason, you should get a flu shot, recommended for all persons 6 months and older. There is another personal action that all people can take to reduce their chance of getting sick or spreading germs. As simple as it may seem, this action is hand washing. Not only does this help to prevent the spread of colds and the flu, it also helps to protect against food borne illness, which affects millions of people each year. In addition to frequent hand washing, you will help to prevent the spread of germs to others if you cover your cough. If a tissue is not available, cough into your sleeve. This will help keep germs from becoming airborne. You can also help prevent illness from spreading by staying at home when you are sick and staying away from those must vulnerable, such as infants, the elderly and those who are ill.

#### PROTECT YOURSELF AGAINST THREE DISEASES WHILE PROTECTING THE INFANTS IN YOUR LIFE!

QVHD offers Tdap vaccines (a combined booster immunization containing tetanus, diphtheria and pertussis protection) to parents, grandparents, aunts, uncles, babysitters and other caregivers or contacts of newborns and infants 12 months and under. Infants are not fully immunized against pertussis until a year old. By vaccinating yourself, you can protect the infant from exposure to the germs that cause the illness. If you are over age 18 and have never had a Tdap vaccine, you are eligible to receive this vaccine. A \$10.00 administration fee is requested but no District resident will be turned away for lack of ability to pay this fee. Immunization clinics are held every 4-6 weeks. Call (203 248-4528) or visit QVHD on line (www.qvhd.org) for dates and times. Vaccinations are given at the QVHD office.

#### **ATTENTION 5TH GRADERS - POSTER CONTEST**

The CT Department of Public Health, (CT DPH) Drinking Water Section and the Connecticut Section American Water Works Association are sponsoring a "Drinking" Water Week" (May 3-9, 2015) Poster Contest for 5th graders across CT. They are soliciting posters through the local health departments of CT towns. Quinnipiack Valley Health District (QVHD) will be collecting posters from the towns of Bethany, Hamden, North Haven and Woodbridge and selecting 5 posters from the entries it receives to be submitted to the CT DPH for final judging. There will be 12 winners at the state level. All posters of the 12 top winners will be made into a calendar for statewide distribution. The top prize is a gift basket, and the other 11 winners will receive a calendar and statewide recognition. The theme for the poster contest is "Healthy Kids Drink Tap Water." If you would like an entry application and the contest description and rules, district residents can call QVHD, 203 248-4528 or request by email, dculligan@qvhd.org. The deadline for entries is November 20th, 2014 to the QVHD office, 1151 Hartford Turnpike, North Haven CT by US mail or in-person delivery.

### Road Race

Despite the rainy cold weather, 82 people participated in the Woodbridge Road Race 5k in October. "Recreation does such a good job putting this event together every year. Even though it was cold and wet, people still had a great time," said First Selectman Ellen Scalettar.

The overall winner was Nicholas Migani at 15:39, and the overall female winner was Kelly Horowitz at 20:54. The first male Woodbridge resident was Aaron Barkin at 16:29, and the first female Woodbridge resident was Miriam Cheng at 24:17. The mile-long children's fun run winners are: Boys: Parker Paragas, 5:46; Drew Pedigo 6:33; and Spencer Buynak, 7:09; for the girls: Mia Pedigo, 6:58; Nell Grant, 7:35; and Sophia McDermott 8:02. There were 46 children who participated in the Children's Fun Run.

Congratulations to everyone who participated in the emidden strain term on the Town's website for a full list of participants and their times: www. woodbridgect.org. Pictured are Recreation Commission member Kathy Adamovich, First Selectman Ellen Scalettar, Matt McDermott and daughter Sofia, who ran in both races.



### JCC Events

**BAGEL RUN** - Hundreds of participants raced the beautiful 5k course in Woodbridge for the fourth annual Murray Lender Bagel Run and Kids Run on Sept. 21. In addition to being a fun and challenging run, the race is known for its terrific raffle prizes after the race and the mini bagel medals. The annual event is a fundraiser for the fitness center at the JCC of Greater New Haven.

COMMUNITY GEARS UP FOR ANNUAL ARTS & CULTURE FESTIVAL - Every November and December, the JCC of Greater New Haven brings art, music and author events to the community. The months are packed full of tributes to historical performances, stories by contemporary authors and exposure to local artisans. Programs take place at the JCC at 360, Amity Rd., Woodbridge, unless otherwise listed. Read more at jccnh.org/arts-culture-festival.

**GLOBAL DAY OF JEWISH LEARNING:** Author Naomi Schaefer Riley, *Got Religion?* Sunday, Nov. 16, 10:30 am. How Churches, Mosques and Synagogues can Bring Young People Back examines defection and how the solutions for one religious group can be adapted to work for another. Sponsored by Jewish Community Relations Council of the Jewish Federation of Greater New Haven.

**GLOBAL DAY OF JEWISH LEARNING:** Noah's Bed with PJ Library (Ages 3-8). Sunday, Nov. 16, 12 pm. This year's Global Day of Jewish Learning revolves around the theme of courage. PJ Library presents Noah's Bed, an enchanting retelling of the Ark tale and a little boy's courage. Free. Contact: Laura Ross, laurar@jccnh.org, (203)387-2522



AUTHOR JUDITH FRANK, ALL I LOVE AND KNOW - Tuesday, Nov. 18, 11 am. A searing drama of a modern American family on the brink of dissolution that explores adoption, gay marriage, and love lost and found. Suggested donation: \$6. Sponsored by Women's Philanthropy of the Jewish Federation of Greater New Haven

**DIANE CYPKIN, A TRIBUTE TO THE STAR OF YIDDISH THEATER:** *MOLLY PICON* - Sunday, Nov. 23, 2-3 pm. Diane Cypkin presents a lecture and concert celebrating the star of Yiddish theater, Molly Picon. \$6. Co-sponsored by the Jewish Historical Society of Greater New Haven.

- Jewish Community Center

### The Garden Club of Woodbridge





The Garden Club's September meeting was highlighted by a departure from the normal horticulture presentation. The program was "Herbs, Vinegars and Organic Greens" presented by Deborah Queen, a Certified Executive Chef who does freelance catering and is the sole proprietor of Chef Queen's Cuisine. Her unique talents include creating beautiful foods from scratch using a cooking style with a healthy edge. Her strengths include taking hand selected organic, unprocessed foods and presenting them in interesting and unique ways. Her clientele includes many with very discriminating palates and unique nutritional needs. Deborah demonstrated how to prepare delicious organic salads and dressings for all who attended.

Pictured: Pat Bakke, Ellen Scalettar, Deborah Queen, Emily Cosenza, Barbara Bessinger.

Members of the Garden Club of Woodbridge once again partnered with Massaro Farm to decorate the tables for the farm's annual fundraiser, Dinner on the Farm. The wildflowers were picked from the farm fields and arranged for each dinner table. The event celebrates the bounty and successes of not just the farm but all local providers. The dinner was held on Sunday, August 31.

Pictured are Garden Club members Susan Hildebrand, Cindy Marien, Pat Bender, Jane Gelertner, Chris Lovejoy, Pat Cardozo, Susan Antinozzi, and Cathy Wick.

### Woodbridge Town Library

#### UPCOMING ADULT EVENTS

Keep the Stress out of Holiday Shopping with Couponing Expert Gina Juliano. Thursday, November 20 @ 7 pm. Shopping for the holidays shouldn't be stressful or break the bank. Join Gina Juliano, couponing expert, as she shows you how to use coupons to cut your grocery bills in half, earn cash back on the gifts you purchase online, buy \$25 restaurant gift cards for as little as \$2, and fill your kids stockings for FREE. Please register for this program online, at the library Circulation Desk, or by phone at 203-389-3433.

#### HEALTHY HOLIDAY HORS D'OEUVRES WITH ROBIN GLOWA

Tuesday, December 9 @ 7pm. Throwing a holiday get together? Robin Glowa will share her healthy, holidayinspired recipes for hors d'oeuvres that will inspire you to throw your own party this season! Space is limited. Please register for this program online, at the library Circulation Desk, or by phone at 203-389-3433.



#### CRAZY 8'S MATH CLUB

Sat. Dec. 6 at 2 pm for Grades K-2. Math gone WILD! Are you ready for glow in the dark geometry? Have fun with polygons at our opening session. Math will never be the same again! Space is limited.

Advance online registration begins Nov. 1 at www. woodbridge.lioninc.org.

#### **BOREDOM BUSTERS #2**

Mon. Dec. 29 at 2 pm for Grades 3-5.

Nothing to do? Take our physics and engineering challenge with air cannons, Eiffel Tower sculptures, and more! Space is limited. Advance online registration begins Dec. 1 at www.woodbridge.lioninc.org.

### Scarecrow Festival

The second annual Scarecrow Festival in the Woodbridge Village district was a huge success! Kate Brown (of Brown Fitness Training Consultants) and Rob LaTronica (of Wheelers Restaurant and Taproom) organized the festival to bring attention to all the wonderful things Woodbridge businesses have to offer.

Visitors were treated to live music, face painting, sidewalk sales, exercise class demonstrations, local restaurants, nail painting, chair massages and so much more.

Pictured from left to right: Kate Brown, Co-Chair Scarecrow Fest; Ellen Scalettar, First Selectman; Tin Man Business Themed Scarecrow from Air Handling Systems; Jamison Scott & family and Santulli children.



### Warm Hearts, Warm Homes Campaign

Woodbridge Human Services has kicked off a Warm Hearts, Warm Homes Campaign to seek donations for the Town Fuel/ Food Fund. The drive will run through December 31st. We are anticipating a need of \$5,000 for our Fuel Bank and \$2,000 for our Emergency Food Fund. These funds provide Woodbridge residents with emergency assistance with their primary heating source and emergency food.

"We are expecting an increase in the number of families applying for emergency fuel and food assistance this winter due to the decline in the economy", stated Mary Ellen LaRocca, Director of Human Services. Since Human Services is anticipating an increased need for fuel and food this year, they are inviting schools, church groups and civic organizations to consider sponsoring fund raisers to join their mission to keep our residents warm and safe this winter season.

Checks should be made out to the Town of Woodbridge Fuel/Food Fund and mailed to Woodbridge Human Services Department, 11 Meetinghouse Lane, Woodbridge, CT 06525.

### Willows Care & Rebabilitation Center Check Presentation to the Woodbridge Senior Center

The Willows Care & Rehabilitation Center sponsored an Auto Show fundraiser on Saturday, July 26, and the proceeds were donated to the Woodbridge Senior Center.

Pictured left to right at the check presentation is: Rose Spinelli, Admissions Director, Peter Mongillo, Administrator and Lee Canning, Senior Center Director.



### Parent Support Group

Amity High School, Woodbridge Youth Services, and the Orange Drug and Alcohol Action Committee have teamed up to invite local parents who struggle with children who are, or may be, involved with sub-stance abuse to share experiences and concerns in a confidential setting.

Interested parents may join the Amity Parent Support Group which meets every other Friday morning at 7:45 in the Woodbridge Senior Center Lounge on the lower level at 4 Meetinghouse Lane. For more information, please contact Nancy Pfund at 203-389-3429, or e-mail npfund@woodbridgect.org.

### A Visit from Rotary District Governor



Recently Rotary District 7980 Governor Mukund Nori visited the Woodbridge Rotary Club to discuss this year's goals, objectives and programs in the Rotary District this fall.

Pictured from left to right are District Governor Mukund Nori and Woodbridge Rotary President Dan Weintraub.

The Woodbridge Rotary Club meets the 1st and 3rd Friday of the month at 7:30 a.m. for a breakfast meeting at the Country Corner Diner, 756 Amity Road, Bethany, and the 2nd and 4th Friday of the month at the Woodbridge Social, 12 Selden Street, Woodbridge.

### Senior Center



**Summer Picnic** Some 80 seniors turned out for the Woodbridge Senior Center summer picnic. The indoor picnic was co-sponsored by the Woodbridge Police Department. Shown cooking for the seniors are, from left, Karl Rainey from Public Works; and Bob Hauser from Building Maintenance. Other helpers (not shown) were kitchen assistant Trish DiBuduo; kitchen supervisor Elaine Marcucio. Together, they cooked a variety of picnic foods for the seniors, including burgers, hot dogs, baked chicken, cole slaw, potato salad, cupcakes and more.



Table Tennis Town residents can now play a game of table tennis at the Woodbridge Senior Center. Joanne and Jeff Damberg donated a table tennis table to the Senior Center this summer. They are avid table tennis players but when they moved they no longer had space for their table tennis table. They now frequently visit the Senior Center to play, and are enthusiastic about the sport. Table tennis may be particularly helpful for the elderly since it combines physical exercise with spatial skills and social interaction. Studies have shown that exercise is helpful in preventing dementia and helping to deal with the symptoms of the disease. "We are so grateful that the Dambergs donated this table to our Senior Center," says Woodbridge Senior Center director Lee Canning. "This gift highlights the breadth of activities and offerings at the Senior Center," said First Selectman Ellen Scalettar. If you would like to play table tennis, please contact Lee Canning at (203) 389-3430 to set up a time.



A Story of the First World War

Shepherd Family on the Farm, 1903; Jack, Molly, Papa, Sue, Fred, Mama, Sylvia, Sarah

#### By Martha K. German

On November 11 we celebrate Veterans' Day. This date was originally known as Armistice Day, the date on which the peace treaty (or armistice) was signed in 1918 ending the First World War. August 14, 2014 marked the 100th anniversary of the declaration of war in Europe. The war is synonymous with the horrors of "trench warfare," and debilitating "shell shock."

The United States declared war on Germany and her allies in April of 1917 in response to the scuttling of the Cunard Liner, Lusitania by a German submarine. 128 American citizens were among the 1,201 passengers drowned. Americans quickly joined the war effort.

This is the story of one remarkable Woodbridge woman, Molly Shepherd, who volunteered as a nurse. She sent her family detailed letters describing her service in France.

Mary Elizabeth (Molly) Shepherd was born in 1885 and raised on her parents' dairy farm on Litchfield Turnpike in Woodbridge. This bucolic setting was called "Happy Valley." Molly and her siblings attended the one-room "Middle District" school. She went on to Boardman Trade School in New Haven and studied nursing at the Connecticut Training School for Nurses. After graduating in 1910, she joined the staff of New Haven Hospital. She continued to live at the farm in Woodbridge and received her nursing assignments on the first telephone in town!

In 1917, Molly volunteered to go to France with the newly formed Yale Mobile Unit. There were 10 doctors and 30 nurses as well as troops from New England including enlistees from the Yale classes of 1909-1917! Under commanding officer and doctor, Major John M. Flint, the Unit departed from New Haven in August of 1917. Nearly a month later they reached Limoges, France and made their base hospital in a converted porcelain factory. Molly wrote home: "You must know more about how the war is going than I do. We are perfectly safe here, too much so to suit me." Far from the war at the front, the medical staff enjoyed dances, trips



Passport Portrait

into the country and meals of fine local food and wine.

During this period of relative inactivity, the American medical team received training in Paris in the latest medical procedures including the new concept of "triage," the sorting of patients and prioritizing of treatment. In Paris, they often had to take shelter from air raids and shelling from the Germans' long range gun dubbed "Big Bertha." In April of 1918 the Yale Mobile Unit settled in only six miles from the front lines. Molly noted: "We can hear the roar of the guns and see the flashes on the sky at night..." During the German offensive, she wrote: "This has been a rather busy week for us. I have been in a tent where all the patients come in & I have charge of all of those who are in such bad condition that they can't be operated on until they are brought back to life. They are called shock cases.

Continued on page 20



#### First World War ... continued from page 19

They come in nearly dead & one of the doctors & myself put them right into a shock bed, that is kept very warm by blankets & electricity & when we get them heated up & give them stimulation saline infusions & this week we have given blood transfusions...We x-ray every case & find...that they are full of shrapnel."

Molly's quiet strength and organizational abilities were soon recognized. She wrote: "I was put in charge of the evacuation end of the performance. As soon as the patients were operated on, all but the very serious ones that we had to keep, were sent right over to my tent & as soon as they were out of ether & ready to load on to the ambulances, we got them started for the train to be taken back to the base hospitals....Sometimes they came in one every minute & at times came in faster than we could get them out...."

The last day of the war brought a more personal tragedy. Molly wrote 'The night of the day the Armistice was signed we operated on 120 - the poor kids that went over the top the very morning the thing was signed....We had over two hundred big operations. Chest & intestinal & head cases..."

Among the wounded was a childhood acquaintance. Molly noted, "he was Richard A. Storrs who had gone to Boardman when I did...He is pretty glad to see me here. He was shot thro' the abdomen...& it will be a miracle if he lives & he is such a good kid – has a wife & two kids." Sadly, he died two days later.

In the same letter, Molly mused about returning home. Back in New Haven she was appointed the "football nurse" at Yale. Once again her exceptional leadership skills were recognized and she became Superintendant of the Yale Infirmary. She was still active in nursing when she died in 1950 at age 65.

Thanks to Mary M. Huber for sharing her Aunt Molly's story and to George, "Podie" Uihlein for prompting its retelling.

### **Electric Vebicle Charging Station**

Woodbridge will buy and install two Electric Vehicle Charging Stations thanks to a grant from the state Department of Energy and Environmental Protection.

This will be the first publicly available electric vehicle charging location in Woodbridge, and it will be installed in the Town Hall parking lot. The station will be available to the public 24 hours a day, seven days a week. Electricity for the charging station will be supplied from the new Public Works Building. Use of the charging station will be free for a minimum of three years, a requirement of the grant.

The charging station has a 240 volt circuit which would cost the Town \$1 per hour if a car plugged in.

"I am very glad that Woodbridge will be adding to the charging infrastructure for electric vehicles," said First Selectman Ellen Scalettar. "This fits in well with our efforts to make clean, energy-efficient options available to Town residents." Scalettar also praised the Public Works Garage Building Committee for having the foresight to include the charging station in the plans for the new Public Works Garage.

The Center for Automotive Research predicts that there will be 470,000 electric vehicles in the U.S. by 2015.

"This charging station has always been part of the plan for the new Public Works Building," said building official Terry Gilbertson. "We are grateful to the State for this grant and for the opportunity to support the use of green technology."

The grants are designed to reduce "range anxiety" by reducing the distances between charging stations.

The DEEP is covering the project's total cost of \$8,673 and the station is expected to be installed by mid November.

### What is Influenza?

The flu is a contagious respiratory illness caused by influenza viruses that infect the nose, throat, and lungs. It can cause mild to severe illness, and at times can lead to death. The best way to prevent the flu is by getting a flu vaccine each year.

#### SIGNS AND SYMPTOMS OF FLU

People who have the flu often feel some or all of these signs and symptoms:

Fever\* or feeling feverish/chills / Cough / Sore throat Runny or stuffy nose / Muscle or body aches

Headaches / Fatigue (very tired)

Some people may have vomiting and diarrhea, though this is more common in children than adults.

\*It's important to note that not everyone with flu will have a fever.

#### HOW FLU SPREADS

Most experts believe that flu viruses spread mainly by droplets made when people with flu cough, sneeze or talk. These droplets can land in the mouths or noses of people who are nearby. Less often, a person might also get flu by touching a surface or object that has flu virus on it and then touching their own mouth, eyes or possibly their nose.

#### PERIOD OF CONTAGIOUSNESS

You may be able to pass on the flu to someone else before you know you are sick, as well as while you are sick. Most healthy adults may be able to infect others beginning 1 day before symptoms develop and up to 5 to 7 days after becoming sick. Some people, especially young children and people with weakened immune systems, might be able to infect others for an even longer time.

#### HOW SERIOUS IS THE FLU?

Flu is unpredictable and how severe it is can vary widely from one season to the next depending on many things, including:

what flu viruses are spreading,

how much flu vaccine is available

when vaccine is available

how many people get vaccinated, and

how well the flu vaccine is matched to flu viruses that are causing illness.

Certain people are at greater risk for serious complications if they get the flu. This includes older people, young children, pregnant women and people with certain health conditions such as asthma, diabetes, or heart disease.

#### COMPLICATIONS OF FLU

Complications of flu can include bacterial pneumonia, ear infections, sinus infections, dehydration, and worsening of chronic medical conditions, such as congestive heart failure, asthma, or diabetes.

#### PREVENT SEASONAL FLU: GET VACCINATED

The single best way to prevent the flu is to get a flu vaccine each season. There are several flu vaccine options for the 2014-2015 flu season. Traditional flu vaccines made to protect against three different flu viruses (called "trivalent" vaccines) are available. In addition, flu vaccines made to protect against four different flu viruses (called "quadrivalent" vaccines) also are available.

### WHEN TO GET VACCINATED AGAINST SEASONAL FLU

Yearly flu vaccination should begin soon after flu vaccine is available, and ideally by October. However, getting vaccinated even later can be protective, as long as flu viruses are circulating. While seasonal influenza outbreaks can happen as early as October, most of the time influenza activity peaks in January or later. Since it takes about two weeks after vaccination for antibodies to develop in the body that protect against influenza virus infection, it is best that people get vaccinated so they are protected before influenza begins spreading in their community.

#### WHO SHOULD GET VACCINATED THIS SEASON?

Everyone 6 months of age and older should get a flu vaccine every season. This recommendation has been in place since February 24, 2010 when CDC's Advisory Committee on Immunization Practices (ACIP) voted for "universal" flu vaccination in the United States to expand protection against the flu to more people. More information is available at Who Should Get Vaccinated Against Influenza (http:// www.cdc.gov/flu/protect/whoshouldvax.htm).

#### USE OF THE NASAL SPRAY SEASONAL FLU VACCINE

Vaccination with the nasal-spray flu vaccine is an option for healthy\* people 2 to 49 years of age who are not pregnant. Even people who live with or care for those in a high risk group (including health care workers) can get the nasalspray flu vaccine as long as they are healthy themselves and are not pregnant. The one exception is health care workers who care for people with severely weakened immune systems who require a protected hospital environment; these people should get the inactivated flu vaccine (flu shot).

#### NASAL SPRAY VACCINE IN CHILDREN AGE 2 TO 8 YEARS OLD

Starting in 2014-2015, CDC recommends use of the nasal spray vaccine (LAIV) for healthy\* children 2 through 8 years of age, when it is immediately available and if the child has no contraindications or precautions to that vaccine. Recent studies suggest that the nasal spray flu vaccine may work better than the flu shot in younger children. However, if the nasal spray vaccine is not immediately available and the flu shot is, children 2 years through 8 years old should get the flu shot. Don't delay vaccination to find the nasal spray flu vaccine. For more information about the new CDC recommendation, see Nasal Spray Flu Vaccine in Children 2 through 8 Year Olds (http://www.cdc.gov/flu/about/qa/nasal-spray-children.htm) or the 2014-2015 MMWR Influenza Vaccine Recommendations.

(\*"Healthy" in this instance refers to children 2 years through 8 years old who do not have an underlying medical condition that predisposes them to influenza complications.) - www.ct.gov

### "Back to School" Bash



The Back to School Bash was held in September on the Woodbridge Town Green. More than 100 7th grade students from Bethany and Woodbridge had a blast at the picnic. Students hung out, played on the rock climbing wall, listened to a DJ and played fun games and contests. The annual picnic is sponsored by the Woodbridge Youth Services and the Town of Bethany to introduce students to each other in a fun and safe setting.

### Volleyball Fundraiser

#### Volleyball Tournament Fundraiser to benefit Andrew Eldredge Family Fund November 21

Woodbridge Youth Services and the Town of Bethany will sponsor a volleyball tournament at the Amity Middle School – Bethany Campus, 190 Luke Hill Road, Bethany on Friday, November 21st. This event is for 7th and 8th grade Amity Middle School students only. Adult volunteers are needed. The event will run directly after school in the gymnasium from 2:20 - 4:00 pm. This event will raise funds for the Andrew Eldredge Family Fund. Andrew was in a pedestrian accident with a motorcycle in New York City in August 2014. Currently, he's recovering from multiple injuries in the Weill Cornell New York Presbyterian hospital in NY. Donations for the Eldredge Family Fund may be made directly to their site http://www.eldredgefund.org. Please call 203-389-3429 or E-mail youthone@woodbridgect. org for more information.

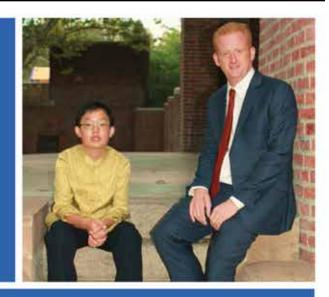
Cancellations: Watch Channel 8 or listen to KC101 for cancellations due to inclement weather.

Check out our enewsletter at tinyurl.com/WoodbridgeE-news Our Facebook page at Facebook.com/WoodbridgeCT Our Website at www.woodbridgect.org

### Empowered by Music

### Cancer Benefit Concert

Center Church on the Green New Haven Sat, Nov 22, 2014 7 PM





### Steven Beck - Pianist Victor You - Pianist



7 PM - 8 PM Concert with music by Bach, Mozart, Chopin and Bartók

8 PM - 9 PM Reception with refreshments following Concert

Location: www.newhavencenterchurch.org

Dr. Hanna Chao presents "Empowered by Music" featuring for the first time together in performance NYC-based pianist Steven Beck and young pianist Victor You, Woodbridge, Connecticut.

All proceeds will be **donated to the Smilow Cancer Hospital** to the "Parenting at a Challenging Time (PACT) Program"/ Oncology Social Work Fund.

Adults & 13 up: \$25

Suggested Donations: Children 6 - 12: \$15 Children 5 & under free

To purchase tickets, mail checks payable to:

"Empowered by Music", P.O. Box 5078, Woodbridge, CT 06525

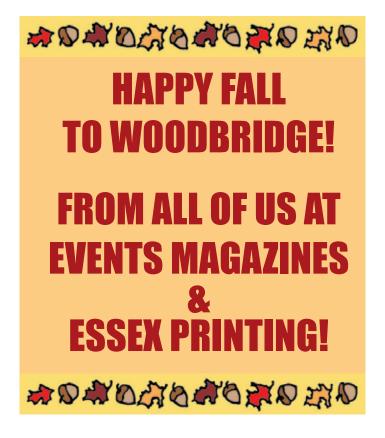
Tickets will be emailed as pdf files or your name will be added to our will call list. Tickets will be sold at the door as well. For more information: EmpoweredbyMusic@gmail.com

If you wish to donate above the ticket price or just donate, make separate checks payable to Smilow Cancer Hospital, Memo: "Empowered by Music Benefit" and mail to above address.



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